

Moonglu Cycling Club Youth and Junior Road Riding Policy

Moonglu Cycling Club (MCC) offers the opportunity for riders aged 14 and over to join in with a number of club rides and activities. These rides are designed to promote safe riding, enable young riders to ride with their peers as well as older members of the club and enhance their membership of the club.

All riders must follow the Highway Code at all times when riding with MCC.

This includes:

- Never riding more than two abreast.
- Ride in single file to allow traffic to pass when safe.
- Obey traffic lights and signs.
- Not riding on the pavement.
- Respecting other road users.
- We ask that all members wear a helmet when cycling with the club.
- All riders should carry contact details of In Case of Emergency (ICE).

Every rider under 18 must have completed a parental consent form.

As a British Cycling affiliated club MCC is bound by British Cycling's Safeguarding and child protection policies. MCC has formally adopted British Cycling's Safeguarding and Protecting Children and Safeguarding and Protecting Vulnerable Adults policies and principles of good practice.

Club Rides 14-16 years.

As all MCC rides involve riding on the open road it is expected that youth riders will already be competent cyclists.

Level 2 Cycle training standards require that all riders:

- Start and finish an on road journey. Safely pulling away and coming to a stop.
- Be aware of potential hazards, observe the environment.
- Understand how and when to signal intentions to other road users and group riders.
- Understand where to ride on the roads being used.
- Pass side roads, parked vehicles and slower moving vehicles.
- Turn right or left into a minor and major road.
- Take the correct lane when they need to for example at a roundabout.

- Be competent in group riding.

Criteria for joining club rides. (14-16)

The youth rider must have been approved by the club to join club rides.

They must have a parental consent form.

Be experienced in riding within a group, this could include taking part in racing such as the White Rose youth league. Or participating in British cycling lead activities such as Wakefield/York TDC (Talent Development) or the Regional School of Racing.

Has the ability to ride the distance and pace as described in the ride description.

Has agreed to ride with a mentor/parent/guardian who will be responsible for the young person during the ride.

Prior to applying for Moonglu Cycling club junior membership, potential members aged 14 or 15 must have a signed letter of cycling competency from a British Cycling approved coach. This may be from their current club (Ilkley/Otley/Clifton etc) or TDC/RSR coach. This can be discussed with Club racing secretary Paul Shears. Email peshears@hotmail.com

We (The Club) insist that all youth riders (14-15) must have an accompanying adult either a parent/guardian or agreed mentor. They must ride in the same group for the duration of the ride. If the youth rider is unable to keep pace with the selected group then both the rider and parent/guardian/mentor must drop back. In addition to this, in the circumstance where the parent/guardian/mentor is not keeping pace with the selected group then the youth rider must drop back with them. The parent/guardian/mentor must stop with the rider if they should have a mechanical issue.

Continued participation in the rides may be subject to review based on ability and behaviour on previous rides.

In the event of any irregular behaviour on rides from fellow riders or the public it is essential that young riders feel confident to discuss this with their parents and report this to the Club Welfare officer or another committee member.

Riders of 16 and above are able to join all activities, however must log a consent form with the club and choose activities that are within their ability.